

# “An Caladh” - SCC “Drop-in Support Centre”

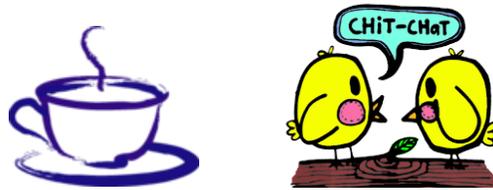
## **Drop-in Cancer Support and Information**

**Centres** have opened all over the country in the past few years. They are usually locally based but are also provided by larger charities, the best know being the Maggie’s Centres, which are built beside larger hospitals.

The idea of a drop-in centre in Portree has been raised to us three times since SCC was founded in 2011. It was highlighted to us that a facility for people whose lives had been affected by cancer was much needed in the local community.

We opened the doors of our Drop-in Support Centre in Portree on 6<sup>th</sup> June 2017, and are now **open weekly on Tuesday afternoons**. We provide a free confidential service, offering emotional support to men and women whose lives have been affected by cancer, i.e. those who have themselves been diagnosed with cancer or who have a close relative or friend in that situation. We also try to help others who have other life-restricting illness.

- We provide cups of tea, coffee etc., plus social chat.
- We provide practical, emotional and social support
- We offer support and information about treatments and services to anyone affected by cancer in Skye and Lochalsh.
- If you need to find out information about any form of cancer or treatment, we will do our utmost to help you find what you seek.
- We will listen to you in confidence.



**The kettle is always on and a warm welcome awaits everyone.**

We have trained volunteers who offer the kind of emotional support and the understanding that can only come from those who themselves have been directly affected by cancer.

**Don't be shy: bring a friend if you wish.**

We are in the process of building within the centre a resource of information on all types of cancer and of other sources of information and advice, e.g. on the internet.

We have facilities both for group chats and for those who wish privacy. We are in contact with other groups and charities to organise special resources for volunteers and clients – see our website and Facebook. We hope that other sessions such as Complementary Therapies, Beauticians, Money and Benefits Advice, etc. will become available soon, depending on demand.

We are grateful for help and support received from Maggie’s Highlands Centre in Inverness, from Macmillan Cancer Support, from the local Macmillan Nurses, and from many others.

*maggie's*

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**



## **Skye Cancer Care serves Skye and Lochalsh – why not get involved?**

We were founded in 2011 and we have:

- funded course fees for local nurses and doctors to go to courses in Palliative Care,
- funded the purchase of specialised equipment for nursing seriously ill patients at home and in hospital and
- funded the re-equipping of Ward 5 in Portree Hospital for provision of Hospice-type care in North Skye.

Now that we have opened our own local Drop-in Support Centre, we will need more members and volunteers. Training is provided for those who will deal directly with clients, but we also need help in other ways in “An Caladh” and on the management committee.

**Please do “drop-in” and see us.**



**Open every Tuesday afternoon  
from 1.00 p.m. to 3.30 in the**

**Parish Rooms,  
St Columba’s Episcopal Church,  
Somerled Square,  
Portree  
IV51 9EH**

**For further information please call in and  
see us or contact us via our website at:**

**[www.skyecancercare.org](http://www.skyecancercare.org)**

Tel: 07377 885156.

Updated 16/10/2017

**“An Caladh” –  
- “The Haven”**



**Skye Cancer Care  
Drop-in Support  
Centre**

**At the Episcopal Church, Portree**

**Every Tuesday 1.00 - 3.30 p.m.**

**Tea, coffee and chat provided.  
Practical, emotional & social support  
for all those affected by cancer or any  
other life-limiting condition.**

**We listen in confidence.**